

# Celebrate Recovery

## Freedom from your Hurts, Hang - ups & Habits

Celebrate Recovery is a Christian-based, 12-Step recovery program based on the 12 Steps of A.A. and the Beatitudes from the Bible. Pastor John Baker at Saddleback Church in Lake Forest, California created the program.

Celebrate Recovery has helped thousands of men, women and teens find healing from a wide variety of hurts, hang-ups, and habits in their lives. Celebrate Recovery is not limited to drug and alcohol abuse; it also encompasses many other issues like anger, codependency, depression, divorce issues and sexual addictions that affect our daily lives.

**R** Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.

*"Happy are those who know they are spiritually poor."* Matthew 5:3

**E** Earnestly believe that God exist, that I matter to Him and that He has the power to help me recover.

*"Happy are those who mourn for they shall be comforted."* Matthew 5:4

**C** Consciously choose to commit all my life to and will to Christ's care and control.

*"Happy are the meek."* Matthew 5:5

**O** Openly examine and confess my faults to God, and myself and to someone I trust.

*"Happy are the pure in heart."* Matthew 5:8

**V** Voluntarily submit to every change God wants to make in my life and humbly ask him to remove any character defects.

*"Happy are those whose greatest desire to do what God requires."*

Matthew 5:6

**E** Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

*"Happy are the merciful."* *"Happy are the peace makers."*

Matthew 5:7

Matthew 5:9

**R** Reserve a daily time with God for self-examination, Bible reading and prayer in order to know God and his will for my life, and to gain the power to follow his will.

**Y** Yield myself to God to be used to bring this good news to others, both by my example and by my words.

*"Happy are those who are persecuted because they do what God requires."*

Matthew 5:10

### Celebrate Recovery is:

- \* A safe place to share
- \* A refuge
- \* A place of belonging
- \* A place to care for others and be cared for
- \* A place where respect is given to each member
- \* A place where confidentiality is highly regarded
- \* A place to learn
- \* A place to grow and become strong again
- \* A place where you can take off your mask and allow others to know who you are
- \* A place for healthy challenges and healthy risks
- \* A possible turning point in your life

### Celebrate Recovery is NOT:

- \* A place for selfish control
- \* A place for counseling or therapy
- \* A place for secrets
- \* A place to look for dating relationships
- \* A place to rescue or be rescued by others
- \* A place for perfection
- \* A place to judge others
- \* A quick fix

### Every Thursday

6:30 pm - Doors open

7:00 pm - Large Group

*Praise and worship*

*Teaching / Testimony*

8:00 pm - Open Share Small Groups

9:00 pm - Solid Rock Café



If you or someone you know could benefit from this program please contact us at:

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